

| Menu Item | Does this menu item contain any of the below? | | | | | | | | | | | | | Is this menu item suitable for...? | | |
|------------------------------|---|-------------------------|--------|-----|------|-------|------|-----------|----------|-------|--------|---|------------|---|-------|----------|
| | Milk | Fish Shellfish Molluscs | Gluten | Egg | Nuts | Maize | Soya | Mushrooms | Tomatoes | Yeast | Garlic | Alcohol and Alcohol derived ingredients | MSG or MPG | Vegetarian | Vegan | Coeliacs |
| Intros | | | | | | | | | | | | | | | | |
| Noci | No | No | No | No | Yes | No | No | No | No | No | No | No | No | Yes | Yes | Yes |
| Olives Marinate | No | No | No | No | No | No | No | No | No | No | Yes | Yes | No | Yes | Yes | Yes |
| Rustica Tomatoes | No | No | No | No | No | No | No | No | Yes | No | Yes | No | No | Yes | Yes | Yes |
| Starters & Sides | | | | | | | | | | | | | | | | |
| Semplice | Yes | No | Yes | No | No | No | No | No | No | Yes | No | Yes | No | Yes | No | No |
| Tricolore | Yes | No | Yes | No | No | Yes | Yes | No | Yes | Yes | Yes | Yes | No | Yes | No | No |
| Rocket & Pecorino Salad | Yes | No | No | No | No | No | No | No | No | No | No | No | No | No | No | Yes |
| Antipasto Platter | Yes | Yes | Yes | Yes | No | Yes | Yes | No | Yes | Yes | Yes | Yes | No | No | No | No |
| Crostini al Pomodoro | Yes | No | Yes | Yes | No | No | No | No | Yes | Yes | Yes | Yes | No | No, but can be made suitable without grana padano | No | No |
| Garlic Bread | Yes | No | Yes | No | No | Yes | Yes | No | No | Yes | Yes | No | No | Yes | No | No |
| Garlic Bread with Mozzarella | Yes | No | Yes | No | No | Yes | Yes | No | No | Yes | Yes | No | No | Yes | No | No |
| Baked Dough Balls | Yes | No | Yes | No | No | Yes | Yes | No | No | Yes | Yes | No | No | Yes | No | No |
| Bruschetta | Yes | No | Yes | No | Yes | Yes | Yes | No | Yes | Yes | Yes | No | No | Yes | No | No |

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| Bruschetta con Funghi | Yes | No | Yes | No | No | Yes | Yes | Yes | Yes | Yes | No | Yes | No | Yes | No | No |
| Mozzarella & Tomato Salad | Yes | No | No | No | Yes | No | No | No | Yes | No | Yes | No | No | Yes | No | Yes |
| Caesar Salad | Yes | Yes | Yes in croutons | Yes | No | No | Yes | No | No | Yes | Yes | Yes | No | No | No | No |
| Mixed Salad | No | No | No | Yes | No | No | No | No | Yes | No | Yes | Yes | No | Yes | No | Yes |
| Pasta | | | | | | | | | | | | | | | | |
| Tagliolini Funghi | Yes | No | Yes | Yes | No | Yes | No | Yes | No | No | Yes | No | No | No | No | No |
| Lasagna Classica | Yes | No | Yes | Yes | No | Yes | No | Yes | Yes | Yes | Yes | No | No | No | No | No |
| Pollo Pesto | Yes | No | Yes | Yes | Yes | Yes | Yes | Yes | No | Yes | Yes | No | No | No | No | No |
| Cannelloni | Yes | No | Yes | Yes | No | Yes | No | No | Yes | No | Yes | No | No | No, but can be made suitable without grana padano | No | No |
| Melanzane Parmigiana | Yes | No | Yes | Yes | No | Yes | No | No | Yes | Yes | No | No | No | No, but can be made suitable without grana padano | No | No |
| Pizza | | | | | | | | | | | | | | | | |
| Mia Sofia | Yes | No | Yes | Yes | No | Yes | Yes | Yes | No | Yes | Yes | No | No | No, but can be made suitable without grana padano | No | No |
| Rustichella | Yes | Yes | Yes | Yes | No | Yes | Yes | No | Yes | Yes | Yes | Yes | No | No | No | No |

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| Calabrese | Yes | No | Yes | Yes | Yes | Yes | Yes | No | Yes | Yes | Yes | Yes | No | No | No | No |
| Al Tirolo | Yes | No | Yes | No | No | Yes | Yes | Yes | Yes | Yes | Yes | No | No | No | No | No |
| Etna Romana | Yes | No | Yes | Yes | No | Yes | Yes | No | Yes | Yes | Yes | Yes | No | No | No | No |
| Pollo Pancetta Romana | Yes | Yes | Yes | No | No | Yes | Yes | No | No | Yes | Yes | Yes | No | No | No | No |
| Campo di Fiori Romana | Yes | No | Yes | No | No | Yes | Yes | No | Yes | Yes | Yes | No | No | Yes | No | No |
| Contadina | Yes | No | Yes | Yes | No | Yes | Yes | No | Yes | Yes | Yes | Yes | No | No | No | No |
| Gustosa | Yes | No | Yes | Yes | No | Yes | Yes | Yes | Yes | Yes | Yes | Yes | No | No | No | No |
| Vitabella | Yes | No | Yes | Yes | No | Yes | Yes | No | Yes | Yes | Yes | Yes | No | Yes | No | No |
| Margherita Leggera | Yes | No | Yes | Yes | No | Yes | Yes | No | Yes | Yes | Yes | Yes | No | Yes | No | No |
| Margherita | Yes | No | Yes | No | No | Yes | Yes | No | Yes | Yes | No | No | No | Yes | No | No |
| Four Seasons | Yes | Yes | Yes | No | No | Yes | Yes | Yes | Yes | Yes | Yes | No | No | No | No | No |
| American | Yes | No | Yes | No | No | Yes | Yes | No | Yes | Yes | Yes | No | No | No | No | No |

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| American Hot | Yes | No | Yes | No | No | Yes | Yes | No | Yes | Yes | Yes | No | No | No | No | No |
| Sloppy Giuseppe | Yes | No | Yes | No | No | Yes | Yes | No | Yes | Yes | No | No | No | No | No | No |
| La Reine | Yes | No | Yes | No | No | Yes | Yes | Yes | Yes | Yes | No | No | No | No | No | No |
| Dallaglio Diavolo | Yes | No | Yes | No | No | Yes | Yes | No | Yes | Yes | Yes | No | No | No | No | No |
| Zucchine e Funghi | Yes | No | Yes | No | No | Yes | Yes | Yes | Yes | Yes | Yes | No | No | Yes | No | No |
| Veneziana | Yes | No | Yes | No | Yes | Yes | Yes | No | Yes | Yes | No | No | No | Yes | No | No |
| Fiorentina | Yes | No | Yes | Yes | No | Yes | Yes | No | Yes | Yes | Yes | No | No | No | No | No |
| Padana | Yes | No | Yes | No | No | Yes | Yes | No | Yes | Yes | Yes | Yes | No | Yes | No | No |
| Capricciosa | Yes | Yes | Yes | Yes | No | Yes | Yes | No | Yes | Yes | No | No | No | No | No | No |
| Pollo ad Astra | Yes | No | Yes | No | No | Yes | Yes | No | Yes | Yes | Yes | No | No | No | No | No |
| Il Padrino | Yes | No | Yes | No | Yes | Yes | Yes | No | Yes | Yes | Yes | No | No | No | No | No |
| Soho | Yes | No | Yes | Yes | No | Yes | Yes | No | Yes | Yes | Yes | No | No | No | No | No |

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| Quattro Formaggi | Yes | No | Yes | Yes | No | Yes | Yes | No | Yes | Yes | Yes | No | No | No | No | No | |
| Funghi di Bosco | Yes | No | Yes | No | No | Yes | Yes | Yes | Yes | Yes | Yes | No | No | Yes | No | No | |
| Siciliana | Yes | Yes | Yes | No | No | Yes | Yes | No | Yes | Yes | Yes | No | No | No | No | No | |
| Giardiniera | Yes | No | Yes | No | Yes | Yes | Yes | Yes | Yes | Yes | Yes | No | No | Yes | No | No | |
| Salads | | | | | | | | | | | | | | | | | |
| Pollo Verdure | No | No | Yes in dough sticks | No | No | Yes | Yes | No | No | Yes | Yes | Yes | No | No | No | No | No (but only because of dough sticks) |
| Grand Chicken Caesar | Yes | Yes | Yes in dough sticks and croutons | Yes | No | Yes | Yes | No | No | Yes | Yes | Yes | No | No | No | No | No (but only because of dough sticks and croutons) |
| Nicoise | No | Yes | Yes in dough sticks | Yes | No | Yes | Yes | No | Yes | Yes | Yes | Yes | No | No | No | No | No (but only because of dough sticks) |
| Pollo | Yes | No | Yes in dough sticks and croutons | Yes | No | Yes | Yes | No | Yes | Yes | Yes | Yes | No | No | No | No | No (but only because of dough sticks and croutons) |
| Nostrana | No | No | Yes in dough sticks | Yes | No | Yes | Yes | No | No | Yes | Yes | Yes | No | No | No | No | No (but only because of dough sticks) |
| Bosco | Yes | No | Yes in dough sticks | No | No | Yes | Yes | Yes | Yes | Yes | Yes | Yes | No | Yes | No | No | No (but only because of dough sticks) |
| Desserts | | | | | | | | | | | | | | | | | |
| Profiterole Trio | Yes | No | Yes | Yes | No | Yes | Yes | No | No | No | No | No | No | Yes | No | No | No |
| Coppa Gelato Chocolate | Yes | No | Yes, but only in the wafer straw | Yes, but only in the wafer straw | No | Yes | Yes, but only in the wafer straw | No | No | No | No | No | No | Yes | No | No | No, but only because of wafer |

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| Coppa Gelato Coffee | Yes | No | Yes, but only in the wafer straw | Yes, but only in the wafer straw | No | Yes | Yes, but only in the wafer straw | No | No | No | No | No | No | Yes | No | No, but only because of wafer |
| Coppa Gelato Lemon | Yes | No | Yes, but only in the wafer straw | Yes, but only in the wafer straw | No | Yes | Yes, but only in the wafer straw | No | No | No | No | No | No | Yes | No | No, but only because of wafer |
| Coppa Gelato Pistachio | Yes | No | Yes, but only in the wafer straw | Yes, but only in the wafer straw | Yes | Yes | Yes, but only in the wafer straw | No | No | No | No | No | No | Yes | No | No, but only because of wafer |
| Coppa Gelato Strawberry | Yes | No | Yes, but only in the wafer straw | Yes, but only in the wafer straw | No | Yes | Yes, but only in the wafer straw | No | No | No | No | No | No | Yes | No | No, but only because of wafer |
| Coppa Gelato Vanilla | Yes | No | Yes, but only in the wafer straw | Yes, but only in the wafer straw | No | Yes | Yes, but only in the wafer straw | No | No | No | No | No | No | Yes | No | No, but only because of wafer |
| Toffee Fudge Glory | Yes | No | Yes, but only in the wafer straw | Yes, but only in the wafer straw | No | Yes | Yes | No | No | No | No | No | No | Yes | No | No, but only because of wafer |
| Chocolate Glory | Yes | No | Yes | Yes | No | Yes | Yes | No | No | No | No | No | No | Yes | No | No |
| Lemon Tart | Yes | No | Yes | Yes | No | Yes | No | No | No | No | No | No | No | Yes | No | No |
| Tiramisu | Yes | No | Yes | Yes | No | Yes | No | No | No | No | No | Yes | No | No | No | No |
| Chocolate Fudge Cake (served with cream, ice cream or mascarpone) | Yes | No | Yes | Yes | No | Yes | No | No | No | No | No | No | No | Yes | No | No |
| Cheesecake (served with cream, ice cream or mascarpone) | Yes | No | Yes | Yes | No | Yes | Yes | No | No | No | No | No | No | Yes | No | No |
| Banoffee Pie (served with cream, ice cream or mascarpone) | Yes | No | Yes | No | No | Yes | Yes | No | No | No | No | No | No | Yes | No | No |

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| Sotto Zero | Yes | No | No | No | No | No | Yes | No | No | No | No | No | No | Yes | No | Yes |
| Caffe Merenghina | Yes | No | Yes | Yes | No | No | No | No | No | No | No | No | No | No | No | No |
| Caffe Reale | Yes, but only from mascarpone | No | No | No | No | No | No | No | No | No | No | Yes | No | Yes | No | Yes |
| Caffe Gelato | Yes | No | No | No | No | Yes | Yes | No | No | No | No | No | No | Yes | No | Yes |
| Semi Freddo Reale | Yes | No | Yes | Yes | Yes | Yes | No | No | No | No | No | Yes | No | No | No | No |
| Piccolo | | | | | | | | | | | | | | | | |
| Dough Balls | Yes | No | Yes | No | No | Yes | Yes | No | No | Yes | Yes | No | No | Yes | No | No |
| Margherita | Yes | No | Yes | No | No | Yes | Yes | No | Yes | Yes | No | No | No | Yes | No | No |
| La Reine | Yes | No | Yes | No | No | Yes | Yes | Yes | Yes | Yes | No | No | No | No | No | No |
| Mushroom | Yes | No | Yes | No | No | Yes | Yes | Yes | Yes | Yes | No | No | No | Yes | No | No |
| Kids Bolognese | No | No | Yes | No | No | Yes | Yes | Yes | Yes | Yes | Yes | No | No | No | No | No |
| Kids Carbonara | Yes | No | Yes | No | No | Yes | No | Yes | No | Yes | Yes | No | No | No | No | No |
| Kids Napolitana | Yes | No | Yes | No | No | No | No | No | Yes | Yes | Yes | No | No | Yes | No | No |

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| Side Salad | No | No | No | No | No | No | No | No | Yes | No | No | No | No | Yes | Yes | Yes |
| Toffee Fudge Sundae with Gelato or sotto zero | Yes | No | Yes, from baby cone only | No | No | Yes | Yes | No | No | No | No | No | No | Yes | No | No, but only because of wafer |
| Chocolate Sundae with Gelato or sotto zero | Yes | No | Yes, from baby cone only | No | No | Yes | Yes | No | No | No | No | No | No | Yes | No | No, but only because of wafer |
| Strawberry Sundae with Gelato or sotto zero | Yes | No | Yes, from baby cone only | No | No | Yes | Yes | No | No | No | No | No | No | Yes | No | No, but only because of wafer |
| Bambinoccino | Yes | No | No | No | No | No | No | No | No | No | No | No | No | Yes | No | Yes |
| Plumbaby - Spinach, Parsnip and Basil | No | No | No | No | No | No | No | No | No | No | No | No | No | Yes | Yes | Yes |
| Plumbaby - Blueberry, Banana and Vanilla | No | No | No | No | No | No | No | No | No | No | No | No | No | Yes | Yes | Yes |