

PizzaExpress Allergens - by Menu Item

	Does it contain?													Are these items suitable for?			
Menu Item	Milk/Dairy	Fish, Shellfish, Molluscs	Gluten	Egg	Nuts	Maize	Soya	Mushrooms	Tomatoes	Yeast	Garlic	Alcohol/Alcohol derivatives & vinegars	MSG or MPG	Vegetarian	Vegan	Coeliacs	Customise Options
Intros																	
Noci	No	No	No	No	Yes	No	No	No	No	No	No	No	No	Yes	Yes	Yes	None
Olives Marinate	No	No	No	No	No	No	No	No	No	No	Yes	Yes	No	Yes	Yes	Yes	None
Rustica Tomatoes	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	Yes	Yes	Yes	None
Starters & Sides																	
Calamari al Forno	No	Yes	Yes	Yes	No	No	No	No	No	Yes	Yes	Yes	No	No	No	No	None
Antipasto	Yes	Yes	Yes	No	No	Yes	No	No	Yes	Yes	Yes	Yes	No	No	No	No	None
Semplice	Yes	No	Yes	No	No	No	No	No	Yes	Yes	No	Yes	No	Yes	No	No	None
Tricolore	Yes	No	Yes	No	No	Yes	No	No	Yes	Yes	Yes	Yes	No	Yes	No	No	None
Crostini al Pomodoro	Yes	No	Yes	Yes, egg derivative in grana padano	No	No	No	No	Yes	Yes	Yes	Yes	No	No	No	No	Remove the grana padano for a vegetarian option
Garlic Bread	Yes	No	Yes	No	No	Yes	No	No	No	Yes	Yes	No	No	Yes	No	No	None
Garlic Bread with Mozzarella	Yes	No	Yes	No	No	Yes	No	No	No	Yes	Yes	No	No	Yes	No	No	None
Baked Dough Balls	Yes	No	Yes	No	No	Yes	No	No	No	Yes	Yes	No	No	Yes	No	No	Can be made suitable for vegans if the garlic butter is substituted with garlic or chilli oil.
Bruschetta Originale	Yes	No	Yes	No	Yes	Yes	No	No	Yes	Yes	Yes	No	No	Yes	No	No	None

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Bruschetta Piccante	Yes	No	Yes	Yes, egg derivative in grana padano	No	Yes	No	No	Yes	Yes	Yes	Yes	No	No	No	No	None
Bruschetta Peperonata	Yes	No	Yes	No	No	Yes	No	No	No	Yes	Yes	No	No	Yes	No	No	None
Bruschetta Salami	Yes	No	Yes	Yes, egg derivative in grana padano	No	Yes	No	No	No	Yes	Yes	Yes, Marsala wine extract in Milano	No	No	No	No	None
Bruschetta con Funghi	Yes	No	Yes	No	No	Yes	No	Yes	Yes	Yes	No	Yes	No	Yes	No	No	None
Mozzarella & Tomato Salad	Yes	No	No	No	Yes	No	No	No	Yes	No	Yes	No	No	Yes	No	Yes	None
Rocket & Grana Padano Salad	Yes	No	No	Yes, egg derivative in grana padano	No	No	No	No	No	No	No	Yes	No	No	No	Yes	None
Caesar Salad	Yes	Yes	Yes	Yes	No	No	Yes	No	No	Yes	Yes	Yes	No	No	No	No	Remove the croutons to make suitable for coeliacs.
Mixed Salad	No	No	No	Yes	No	No	No	No	Yes	No	Yes	Yes	No	Yes	No	Yes	None
Pasta																	
Piccante	Yes	No	Yes	Yes, egg derivative in grana padano	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	No	No	No	None
Lasagna Classica	Yes	No	Yes	Yes	No	Yes	No	Yes	Yes	Yes	Yes	No	No	No	No	No	None
Pollo Pesto	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	No	No	No	No	No	None

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Cannelloni	Yes	No	Yes	Yes	No	Yes	No	No	Yes	No	Yes	No	No	No	No	No	Remove the grana padano for a vegetarian option
Melanzane Parmigiana	Yes	No	Yes	Yes, egg derivative in grana padano	No	Yes	No	No	Yes	Yes	No	No	No	No	No	No	Remove the grana padano for a vegetarian option
Pizza																	
Rustichella	Yes	Yes	Yes	Yes	No	Yes	No	No	Yes	Yes	Yes	Yes	No	No	No	No	None
Calabrese	Yes	No	Yes	Yes, egg derivative in grana padano	Yes	Yes	No	No	Yes	Yes	Yes	Yes	No	No	No	No	None
Al Tirolo	Yes	No	Yes	No	No	Yes	No	Yes	Yes	Yes	Yes	No	No	No	No	No	None
Etna Romana	Yes	No	Yes	Yes, egg derivative in grana padano	No	Yes	No	No	Yes	Yes	Yes	Yes	No	No	No	No	None
Pollo Pancetta Romana	Yes	Yes	Yes	No	No	Yes	Yes	No	No	Yes	Yes	Yes	No	No	No	No	None
Contadina	Yes	No	Yes	Yes	No	Yes	Yes	No	Yes	Yes	Yes	Yes	No	No	No	No	None
Gustosa	Yes	No	Yes	Yes	No	Yes	No	Yes	Yes	Yes	Yes	Yes	No	No	No	No	None
Margherita Leggera	Yes	No	Yes	Yes	No	Yes	No	No	Yes	Yes	Yes	Yes	No	Yes	No	No	None
Verdure	Yes	No	Yes	Yes	No	Yes	No	Yes	Yes	Yes	Yes	Yes	No	Yes	No	No	None
Mare e Monti	Yes	Yes	Yes	Yes	No	Yes	No	Yes	Yes	Yes	Yes	Yes	No	No	No	No	None

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Margherita	Yes	No	Yes	No	No	Yes	No	No	Yes	Yes	No	No	No	Yes	No	No	None
Four Seasons	Yes	Yes	Yes	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	No	No	No	None
American	Yes	No	Yes	No	No	Yes	No	No	Yes	Yes	Yes	No	No	No	No	No	None
American Hot	Yes	No	Yes	No	No	Yes	No	No	Yes	Yes	Yes	Yes	No	No	No	No	None
Sloppy Giuseppe	Yes	No	Yes	No	No	Yes	No	No	Yes	Yes	No	No	No	No	No	No	None
La Reine	Yes	No	Yes	No	No	Yes	No	Yes	Yes	Yes	No	No	No	No	No	No	None
Diavolo	Yes	No	Yes	No	No	Yes	No	No	Yes	Yes	Yes	Yes	No	No	No	No	None
Zucchine e Funghi	Yes	No	Yes	No	No	Yes	No	Yes	Yes	Yes	Yes	No	No	Yes	No	No	None
Veneziana	Yes	No	Yes	No	Yes	Yes	No	No	Yes	Yes	No	Yes	No	Yes	No	No	None
Fiorentina	Yes	No	Yes	Yes	No	Yes	No	No	Yes	Yes	Yes	No	No	No	No	No	None
Padana	Yes	No	Yes	No	No	Yes	No	No	Yes	Yes	Yes	Yes	No	Yes	No	No	None
Capricciosa	Yes	Yes	Yes	Yes	No	Yes	Yes	No	Yes	Yes	No	Yes	No	No	No	No	None
Pollo ad Astra	Yes	No	Yes	No	No	Yes	Yes	No	Yes	Yes	Yes	Yes	No	No	No	No	None
Il Padrino	Yes	No	Yes	No	Yes	Yes	Yes	No	Yes	Yes	Yes	No	No	No	No	No	None

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Soho	Yes	No	Yes	Yes, egg derivative in grana padano	No	Yes	No	No	Yes	Yes	Yes	No	No	No	No	No	None
Quattro Formaggi	Yes	No	Yes	Yes, egg derivative in grana padano	No	Yes	No	No	Yes	Yes	No	No	No	No	No	No	None
Funghi di Bosco	Yes	No	Yes	No	No	Yes	No	Yes	Yes	Yes	Yes	No	No	Yes	No	No	None
Siciliana	Yes	Yes	Yes	No	No	Yes	Yes	No	Yes	Yes	Yes	No	No	No	No	No	None
Giardiniera	Yes	No	Yes	No	Yes	Yes	No	Yes	Yes	Yes	Yes	No	No	Yes	No	No	None
Salads																	
Pollo Verdure	No	No	Yes (dough sticks)	No	No	Yes	Yes	No	No	Yes	Yes	Yes	No	No	No	No	Remove the dough sticks to make suitable for coeliacs.
Grand Chicken Caesar	Yes	Yes	Yes (dough sticks and croutons)	Yes	No	Yes	Yes	No	No	Yes	Yes	Yes	No	No	No	No	Remove the dough sticks and croutons to make suitable for coeliacs.
Nicoise	No	Yes	Yes (dough sticks)	Yes	No	Yes	Yes	No	Yes	Yes	Yes	Yes	No	No	No	No	Remove the dough sticks to make suitable for coeliacs.
Pollo	Yes	No	Yes (dough sticks and croutons)	Yes	No	Yes	Yes	No	Yes	Yes	Yes	Yes	No	No	No	No	Remove the dough sticks and croutons to make suitable for coeliacs.

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Nostrana	No	No	Yes (dough sticks)	Yes	No	Yes	Yes	No	No	Yes	Yes	Yes	No	No	No	No	Remove the dough sticks to make suitable for coeliacs.
Bosco	Yes	No	Yes (dough sticks)	No	No	Yes	No	Yes	Yes	Yes	Yes	Yes	No	Yes	No	No	Remove the dough sticks to make suitable for coeliacs.
Desserts																	
Profiterole Trio	Yes	No	Yes	Yes	No	Yes	Yes	No	No	No	No	No	No	Yes	No	No	None
Coppa Gelato Chocolate	Yes	No	Yes, but only from wafer	Yes, but only from wafer	No	Yes	Yes, but only from wafer	No	No	No	No	No	No	Yes	No	No	Can be suitable for coeliacs if served without the wafer
Coppa Gelato Coffee	Yes	No	Yes, but only from wafer	Yes, but only from wafer	No	Yes	Yes, but only from wafer	No	No	No	No	No	No	Yes	No	No	Can be suitable for coeliacs if served without the wafer
Coppa Gelato Lemon	Yes	No	Yes, but only from wafer	Yes, but only from wafer	No	Yes	Yes, but only from wafer	No	No	No	No	No	No	Yes	No	No	Can be suitable for coeliacs if served without the wafer
Coppa Gelato Pistachio	Yes	No	Yes, but only from wafer	Yes, but only from wafer	Yes	Yes	Yes, but only from wafer	No	No	No	No	No	No	Yes	No	No	Can be suitable for coeliacs if served without the wafer
Coppa Gelato Strawberry	Yes	No	Yes, but only from wafer	Yes, but only from wafer	No	Yes	Yes, but only from wafer	No	No	No	No	No	No	Yes	No	No	Can be suitable for coeliacs if served without the wafer
Coppa Gelato Vanilla	Yes	No	Yes, but only from wafer	Yes, but only from wafer	No	Yes	Yes, but only from wafer	No	No	No	No	No	No	Yes	No	No	Can be suitable for coeliacs if served without the wafer
Toffee Fudge Glory	Yes	No	Yes, but only from wafer	Yes, but only from wafer	No	Yes	Yes	No	No	No	No	No	No	Yes	No	No	Can be suitable for coeliacs if served without the wafer

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Chocolate Glory	Yes	No	Yes	Yes	No	Yes	Yes	No	No	No	No	No	No	Yes	No	No	None
Tiramisu	Yes	No	Yes	Yes	No	Yes	No	No	No	No	No	Yes	No	Yes	No	No	None
Chocolate Fudge Cake (served with cream, ice cream or mascarpone)	Yes	No	Yes	Yes	No	Yes	No	No	No	No	No	No	No	Yes	No	No	None
Cheesecake (served with cream, ice cream or mascarpone)	Yes	No	Yes	Yes	No	Yes	Yes	No	No	No	No	No	No	Yes	No	No	None
Banoffee Pie (served with cream, ice cream or mascarpone)	Yes	No	Yes	No	No	Yes	Yes	No	No	No	No	Yes, Banoffee pie contains acetic acid	No	Yes	No	No	None
Sotto Zero	Yes	No	No	No	No	No	Yes, from chocolate straw	No	No	No	No	No	No	Yes	No	Yes	None
Tartufo al Cioccolato	Yes	No	No	No	No	Yes	No	No	No	No	No	No	No	Yes	No	Yes	None
Caffe Merenghina	Yes	No	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	None
Caffe Reale	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	Yes	No	Yes	This dish can be suitable for vegans, if served without mascarpone.
Caffe Gelato	Yes	No	No	No	No	Yes	Yes, from chocolate straw	No	No	No	No	No	No	Yes	No	Yes	None
Semi Freddo Reale	Yes	No	Yes	Yes	Yes	Yes	No	No	No	No	No	Yes	No	Yes	No	No	None

Piccolo

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Dough Balls	Yes	No	Yes	No	No	Yes	No	No	No	Yes	Yes	No	No	Yes	No	No	Can be suitable for vegans if the garlic butter is substituted with garlic or chilli oil.
Margherita	Yes	No	Yes	No	No	Yes	No	No	Yes	Yes	No	No	No	Yes	No	No	None
La Reine	Yes	No	Yes	No	No	Yes	No	Yes	Yes	Yes	No	No	No	No	No	No	None
Mushroom	Yes	No	Yes	No	No	Yes	No	Yes	Yes	Yes	No	No	No	Yes	No	No	None
Kids Bolognese	No	No	Yes	No	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	No	No	No	None
Kids Carbonara	Yes	No	Yes	No	No	Yes	No	Yes	No	Yes	Yes	No	No	No	No	No	None
Kids Napolitana	Yes	No	Yes	No	No	No	No	No	Yes	Yes	Yes	No	No	Yes	No	No	None
Side Salad	No	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes	Yes	Yes	None
Toffee Fudge Sundae with Gelato or sotto zero	Yes	No	Yes, from wafer cone only	No	No	Yes	Yes	No	No	No	No	No	No	Yes	No	No	Can be suitable for coelaics if served without the wafer cone.
Chocolate Sundae with Gelato or sotto zero	Yes	No	Yes, from wafer cone only	No	No	Yes	Yes	No	No	No	No	No	No	Yes	No	No	Can be suitable for coelaics if served without the wafer cone.
Strawberry Sundae with Gelato or sotto zero	Yes	No	Yes, from wafer cone only	No	No	Yes	Yes	No	No	No	No	No	No	Yes	No	No	Can be suitable for coelaics if served without the wafer cone.
Bambinoccino	Yes	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No	Yes	None